



HERITAGE HEADLINES – OCTOBER 2017

Hours: 8am-3pm Mon-Fri
3700-4 Davidsburg Rd. – Dover, PA 17315
E-mail: center.heritage@yahoo.com Ph: 717-292-7471
www.heritagesrcenter.org
...where seniors come to grow...



Our Staff...

Emma Crossley
Marci Roth
Stacy Lepley
Stephanie Wolfe
Pam Strausbaugh
Jane Thomas

Executive Director
Assistant Director
Administrative
Meals on Wheels Director
Kitchen Coordinator
Program Assistant



This month's newsletter is sponsored by:

Norm Sentz

*In honor of Norm's Granddaughter Jellybean
Happy Birthday! (October 7, 2002)*

Thank you for the great response to our newsletter sponsorship in 2017. Sign up now for 2018. You can support Heritage Senior Center and have a beautiful saying/photo on the cover for everyone to see!



- **To our "Lucky 13" participants.** Our monthly reimbursement from YCAA is based on the number of meals served each month, **so eating lunch with us is the #1 way** you can support your senior center. August Winners: Bill Burger, Gerald Leckrone, Shirley Lauer, Shirley Underwood
- **To Country Meadows** for baking and providing our Lucky 13 cupcakes.
- **To our wonderful volunteers who help on a daily basis, the center thanks you!**
- **To Jackie from Encompass Home Health** for her talk on Memory Care/Home Health.
- **To Keith from Toad Creek** for his Pennsylvania Dutch music performance.
- **To Kevin, John, and Harpo of the Lion's Club and Leader Dogs** for sharing a talk on Guide Dogs.
- **To Deena and Herb, APPRISE volunteers** for Medicare Information.
- **To Sarah Bucher of SpiriTrust Lutheran** for her talk on Senior Scams.
- **To "T Bear" Karaoke** for bringing a most fun and popular Karaoke event to our annual picnic.
- **To Anne Zarlenga** for explaining the "Special Needs Registration Form".
- **To Miss Jurl from "Harvest of Blessings"** for helping with our donated baked goods from Giant.

More items of importance

- **Attention Members – We are updating our Member Information forms. If you have a birthday in October, please see staff for an “update contact info” form.**
- **Dolly’s Fudge recipe by request! Thanks Dolly!** {1 box 10X sugar (1 pound), ½ cup milk, 1T vanilla. Mix together, bring to a boil. Cook 2 ¾ minutes. Take off stove and add 1 cup peanut butter and 1 cup marshmallow crème. Stir until smooth and put in a pan. If you want chocolate, just add some old fashioned cocoa. Love ya – enjoy! Dolly}
- Dover Township Breakfast w/Santa VOLUNTEERS NEEDED, November 18, 7:30am-11:30am. Sign-up if interested.
- “On behalf of our senior center, I want to thank each and every one of you that supported our annual picnic. Thank you for another good year! You were all great.” – Love ya, Dolly Sutton.

Mark Your Calendars...

Diner’s Club: If you signed up, we’ll see you Sunday, October 1 at Old Country Buffet.

If you signed up and cannot attend, please call Dolly Sutton at 717-292-5585. **November Diner’s Club is scheduled for November 5 at Manchester Cafe.** Facilitator: Dick/Rheda Duncan, 717-792-1336.

October Community Resource – Seth Grove’s Rep will be here Monday October 2, 9am for questions.

Thursday October 5, 10:30am – Doo Wop DJ Dave Miceli returns. Join us for Dave followed by lunch.

Friday October 6, 10:30am-1:00pm Traveling Wii Bowling League Team Banquet –Cost is \$12 per person. Menu: Strawberry Patch Salad, Stuffed Chicken Breast, Au Gratin Potatoes, Asparagus, Dinner Rolls, Assorted Pies/Coffee. This is a great end to a great year of bowling. We will participate in the 2018 league.

Tuesday October 10, 10:15am – Laura from York County Food Bank will give us updates on SNAP today.

Tuesday October 3, 9:00am - Pinochle “Just for Fun” tournament **Tuesday October 24, 9:00am – 500** “Prize” tournament. September prize winner 1st Melinda Carlson, 2nd Buddy Spangler, 3rd Sandy Bode, Honorable Mention, Meda Leisenring.

Big Bucks Bingo - **MYSTERY GAME PRIZES**- Thursday October 12, 9:00am-11:00am and Thursday, October 26, 9:00am-11:00am.

Thursday October 19, 10:30am – Speaker - Ernie Heffner of Heffner Funeral Home will present his talk on “*The Assassination and Death of Lincoln*”.

Friday October 20, 10:30am – “Show and Tell”. We had a lot of fun last year, bring an item to share with us.

Tuesday October 24, 10:15am – Anne Zarlenga of Emergency Management would like to return this month to share information on the topic of Preparedness with us.

Tuesday October 31, 10:30am – Halloween Intergenerational event! This year we are doing our costume event in a new way. Please sign-up at the reception desk if you plan to dress up. Everyone who comes in costume (**and signed up ahead of time**) will receive a participation prize!! Also, please sign-up if you are willing to help with “Trick or Treat” with the Dover Library reading club. Bring some candy to share, and the kids will walk around with their baskets after their parade. Afterwards you’ll help a new friend with a craft, there will also be a reading time with the kids. We’d love some help, so please sign up to support this event!

Items needed... plastic forks and spoons, *6 inch plates, *12 oz. Styrofoam bowls, **paper towels, diet soda, large size rubber gloves, napkins, beef/chicken broth, beef/chicken gravy, square tissue boxes, “To-Go” foam 3 compartment containers with lids (clam shells), ice cream, Dawn Platinum, snacks for BBB paper towels. **We are collecting...** box tops, soda tabs, used stamps, Bibles, and plastic grocery bags.

Monetary Donations...

Janet	Babik	Pearl	Hollerbush
Pam	Byers	Esther	Ritchey
Erma	Dentler	Jane	Stabley
Sandy	Dubbs	Dolly	Sutton
Bob/Karen	Helsel		

Member Donations... To our anonymous donors – we appreciate your kindness.

Bobbye	Bowen	Lorraine	Herr	Shirley	Underwood
Carolyn	Coleman	Rodger	Herr	Anna	Whitted
Chris/Willie	Coleman	Malcom	Hess	Linda	Will
Audrey	Hake	Julie	Myers	Earl/Mary	Wise
Hazel	Hamme	Sandy	Schenandore		
George	Hempfling	Dolly	Sutton		

Get Well Wishes to...

Pat	Anderson	Lucy	Henson	Esther	Ritchey
Bob	Bookwalter	Lorraine	Herr	Irene/Ray	Wilt
Judy	Carbonell	Dean	Markle	Jean	Zerbe
Althea	Crone	Charlie	Sennett	Russell	Zerbe
Theda	Gable	Dolly	Shaffer	Margie	Zinn
Gloria	Gerber	Brenda	Sweitzer	Steve	Zorbaugh
Gloria	Haldeman	Terry	Reinhard		

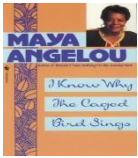
October Birthdays – (Due to space constraints, only active members are listed.)

Jo	Bookwalter	10/2	Donna	Harbold	10/14	John	Dunham	10/25
Patricia	Davenport	10/2	Mary Ellen	Sayres	10/14	Bobbye	Bowen	10/26
Jennie	Heiner	10/2	Barbara	Hempfling	10/17	Felecia	Lundgren	10/27
Ellen	Johnsey	10/2	Janet	Keslar	10/17	Ruth	Dunlap	10/28
Dick	Bear	10/6	Darla	Sharp	10/17	Gerry	Reider	10/28
John	Pessognelli	10/8	Robert	Hoffman	10/18	Fran	Bodnar	10/29
Beulah	Manganello	10/9	Pat	Anderson	10/19	Andrew	Hetes	10/29
Kay	Bigler	10/11	Roxanne	Bonebrake	10/19	Mildred	Lorenzo	10/29
Carol	Henesy	10/11	Charles	Sennett	10/21	Stephen	Nowacki	10/29
Jane	Thomas	10/11	Bob	Bookwalter	10/24	Art	Shoemaker	10/29
Pat	Smith	10/13	Betty	Shipley	10/24			

Welcome – New Members –

Patricia	Altoff	Violet	Gettle	Darla	Sharp
Catherine	Barshinger	Carolyn	Goodling	Saeko	Smith
Charles	Barshinger	Carolyn	Kottkamp	Bonnie	Trott
Nancy	Fink	Tom	Kottkamp	Sandra	Wolf
Melanie	Gettle	Fran	Moran		

October Book Club Selection



Join us Tuesday October 31, 1pm for a discussion on "I Know Why the Caged Bird Sings" by Maya Angelou.

Presents the story of a spirited and gifted, but poor, black girl growing up in the South in the 1930's. Tells how she came into her own, experiencing prejudice, family difficulties, and a relationship with a teacher who taught her to respect books, learning, and herself. The moving and beautiful autobiography of a talented black woman. "I have no words for this achievement, but I know that not since the days of my childhood have I found myself so moved. Her portrait is a Biblical study of life in the midst of death". -James Baldwin.



Upcoming Trips:

US Army Museum and Education Center – Tuesday October 17, 10am. Free Admission. Self-Guided Tour. We carpool, leaving the senior center at 9:00am, with lunch at the onsite café at 1:00pm. Reservations due Tuesday, October 3rd.

Oakes Natural History Museum – Friday November 3, 10am. Cost \$4.00. Enjoy lunch at Baker's Restaurant after the museum. Car Pool, leaving the senior center at 9:00am.

Rainbow Comedy Playhouse, "Guess Who's Coming to Christmas" – Monday, November 27, Dinner at 11:30am, Show at 1:00pm. \$44.00 includes "Lite Lunch" and transportation. We leave at 10:15am from the senior center. Gratuity is not included. Reservations due Thursday, October 26.

American Music Theatre "Home for the Holidays" - Wednesday, December 20, show starts at 10:30am. Cost \$42. Carpool leaves at 9:00am. Reservations due Thursday, November 16.

Trip Reminders... If you purchase a ticket for one of our day trips and find that you cannot attend, **it is your responsibility to find a buyer for the ticket.** You may request a lunch announcement to help you sell the ticket. **The transaction of selling the ticket must occur between the ticket seller and the ticket buyer.** Passengers are encouraged to give their driver a donation toward gas. (\$2 for local excursions; \$3-\$4 for out-of-county trips.)

Seated Yoga with Karen East – **New more convenient time – 12:45pm!!** Seated Yoga will be held Friday, October 13, and 27 at 12:45pm. Participants may eat lunch as soon as announcements are over.



Cell Phone usage... **Please** silence your cellphone during our lunch announcements, programs, classes and speakers, etc. Thank you for your cooperation.

From our Board of Director's... During ALL presentations, entertainment, etc. in our senior center all card and game players must cease playing/excessive talking in our senior center. Please be respectful of the people who visit us and share their talents and knowledge with us.

Please note, we have REQUIRED programming that must be available to members per our contract with YCAAA. With one room available, there will be times when programming will take precedence over recreational games.

**Note...If our side room (used for Bingo etc.) is free, card/game players may use this room to play.



****Technology help UPDATE**** Willie Coleman will assist with I Pad/Tablets. Our first Q & A style class was very successful. Please see Marci if you'd be interested in attending a future session. We'll put another together.

Please take note: To ALL Heritage Senior Center Members and Guests -

Our Board of Directors encourages members who visit Heritage Senior Center, but do not eat lunch, to donate if possible to participate in activities.

As you know, we get our funding solely based on the number of people who join us for lunch. Please consider signing up for lunch so that we can be compensated from the Office of Aging, therefore supporting Heritage Senior Center. Please make reservations in the "lunch sign up book" at the front desk two business days in advance. Thank you for your continued support!

*PLEASE sign your name or initials on our clipboard when you arrive at the senior center. The YCAAA needs this information.

*Remember to cancel your lunch as soon as possible if you cannot attend.

*Also remember to call if you will be delayed so that we save your meal!

*****PLEASE NOTE***** The YCAAA has made a change to the contract regarding meals for the new contract year. We are **ONLY** able to give take out meals in cases where someone is sick and unable to make it in to the senior center. (taken by a spouse or friend of the member.) We do not get funding at all from take out meals. Please only use this option when absolutely necessary. Also, YCAAA would like to remind us that a majority of the meal contents are meant to be eaten, not wasted and thrown away. Officially that means at least "51%" of the meal should be consumed.



Fall Paint Party - Please sign up on our interest list if you are interested in a fall themed paint party!

These events are always a lot of fun, no painting experience is necessary. You will be taken through the painting step by step. \$28-\$32 for the party with all supplies plus instruction included. **SAMPLES AT FRONT**, please see me with the paintings you'd be interested in.

Guitar Lessons- Are you interested in learning to play the guitar, or improving your skills? Do you have a guitar already? Sign our interest list. We are scheduling a meeting for those interested on either Oct 19 or 26.



Pinochles lessons with Dale – Join Dale Seaks for Pinochle lessons on Mondays at 10am.



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HOMESALEREALTY
1680 KENNETH ROAD
YORK PA 17408
CELL PHONE NO. 717-817-0914**



Community Outreach Project – Heritage Senior Center is collecting food for New Hope Ministries the entire month of October.

Please bring some items in to assist members of our community for Thanksgiving.

Needed items include: Peanut Butter, Stuffing Mix, Canned Fruit, Canned Veggies, Instant Potatoes, Canned Meat, Flour, Sugar, Mayo, Ketchup, Soup, Dinner Mixes, Mac and Cheese, Ramen Noodles, Spaghetti Sauce, Toilet Paper, Paper Towels, Shampoo, Soap, Toothpaste, Cleaning Supplies, Deodorant, Dish Soap.

Special Halloween Raffle!!!

Purchase your raffle ticket to win a beautifully handmade knitted sweater. You'll "go batty" over it! We will draw on Halloween day. The sweater is a size medium valued at \$75+.

Donated by Bonnie Fike, and knitted by Mary Anne Gasparo.

Raffle Tickets are One for \$1.00 or Six for \$5.00.

Staff News! Please welcome our new Meals on Wheels Director Stephanie Wolfe to our senior center. Introduce yourself and make her feel welcome.