




# January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1 Happy New Year's Day Senior Center Closed</b>	<b>2</b> 8am-3pm-Cards, Games, Computer Lab, Wii 9-10am- Strong Bodies/HSIM <b>9:00am- 500 "Fun"</b> 10:15am- Tai Chi group 2 10:15am- Seated Exercise 1-3pm-Knitting w/Bonnie	<b>3</b> 8am-3pm-Cards, Games, Computer Lab, Wii 8:30-Piano w/Pearl 9-10am-Bible Study <b>9am- Seth Grove Rep</b> 10:15am-11:30am-Dime Bingo <b>12:30pm- Pickleball</b>	<b>4</b> 8am-3pm-Cards, Games, Computer Lab, Wii <b>10:30am- Prize Bingo w/Mitch of Providence Place</b> <b>1pm- Guitar Class w/Willie</b>	<b>5</b> 8am-3pm-Cards, Games, Computer Lab, Wii 9-10am-Strong Bodies 10am-11:30am- Dime Bingo <b>12:45pm- Seated Yoga</b>	<b>6</b>
<b>7</b> 1pm Diners Club Out- back	<b>8</b> 8am-3pm-Cards, Games, Computer Lab, Wii 10am- Coloring Corner 10am-11:30am-Dime Bingo 1pm-Tai Chi	<b>9</b> 8am-3pm-Cards, Games, Computer Lab, Wii 9-10am-HSIM/Strong Bodies <b>10:15am- Health Speaker</b> 10:15am- Tai Chi group 2 10:15am- Seated Exercise 1-3pm- Knitting w/Bonnie	<b>10</b> 8am-3pm-Cards, Games, Computer Lab, Wii 8:30-Piano w/Pearl 9-10am-Bible Study 10:15am-11:30am-Dime Bingo <b>12:30pm- Pickleball</b>	<b>11</b> 8am-3pm-Cards, Games, Computer Lab, Wii <b>9am-Big Bucks Bingo</b> <b>1pm- Guitar Class w/Willie</b>  <b>9am- Board Meeting</b>	<b>12</b> 8am-3pm-Cards, Games, Computer Lab, Wii 9-10am-Strong Bodies 10am-11:30am-Dime Bingo <b>12:45pm- Seated Yoga</b>	<b>13</b>
<b>14</b>  Martin Luther King Jr. Day	<b>15 Martin Luther King Jr. Day Senior Center Closed</b>	<b>16</b> 8am-3pm-Cards, Games, Computer Lab, Wii 9-10am- Strong Bodies/HSIM <b>9am- Pinochle "Prize" Trn.</b> 10:15am- Tai Chi group 2 10:15am- Seated Exercise 1-3pm-Knitting w/Bonnie	<b>17</b> 8am-3pm-Cards, Games, Computer Lab, Wii 8:30am-Piano w/Pearl 9-10am-Bible Study 10:15am-11:30am-Dime Bingo <b>12:30pm- Pickleball</b>	<b>18</b> 8am-3pm-Cards, Games, Computer Lab, Wii <b>10:30am- Wheel of Fortune with Bee of Senior Life</b> <b>1pm- Guitar class w/Willie</b>  <b>Moo Lah Rewards</b>	<b>19</b> 8am-3pm-Cards, Games, Computer Lab, Wii 9-10am-Strong Bodies 10am-11:30am-Dime Bingo <b>10:30am- Memory Music performance</b> <b>12:45pm- Seated Yoga</b>	<b>20</b>
<b>21</b>	<b>22</b> 8am-3pm-Cards, Games, Computer Lab, Wii <b>9am-Dime Bingo at TBA</b> 10am- Coloring Corner 10am-11:30am Dime Bingo 1pm York Food Bank-Senior Box 1pm-Tai Chi	<b>23</b> 8am-3pm-Cards, Games, Computer Lab, Wii 9-10am- Strong Bodies/HSIM 10:15am- Tai Chi group 2 10:15am- Seated Exercise 1-3pm-Knitting w/Bonnie	<b>24</b> 8am-3pm-Cards, Games, Computer Lab, Wii 8:30am-Piano w/Pearl 9-10am-Bible Study 10:15am-11:30am-Dime Bingo <b>12:30pm- Pickleball</b>	<b>25</b> 8am-3pm-Cards, Games, Computer Lab, Wii <b>1pm- Guitar class w/Willie</b> <b>9am-Big Bucks Bingo</b>	<b>26</b> 8am-3pm-Cards, Games, Computer Lab, Wii 9-11:30am-Strong Bodies 10am-11:30am-Dime Bingo <b>12:45pm- Seated Yoga</b>  <b>Funky Friday 50/50</b>	<b>27</b>
<b>28</b>	<b>29</b> 8am-3pm-Cards, Games, Computer Lab, Wii <b>9am- Moo Lah Auction</b> <b>Dime Bingo Cancelled</b> 10am- Coloring Corner 1pm-Tai Chi	<b>30</b> 8am-3pm Cards, Games, Computer Lab, Wii 9-10am-HSIM/Strong Bodies Seated Exercise <b>10:15am- Document Workshop w/Anne Zarlenga</b> 10:15am- Tai Chi group 2 1-3pm-Knitting w/Bonnie <b>1pm Book Discussion</b>	<b>31</b> 8am-3pm-Cards, Games, Computer Lab, Wii 8:30am-Piano w/Pearl 9-10am-Bible Study 10:15am-11:30am-Dime Bingo <b>12:30pm- Pickleball</b> <b>Lucky 13 Drawing</b>	<b>Daily Lunch— Noon Remember to sign-up for lunch 2 days ahead! Call us if you can't make it.</b>	 <b>Heritage Senior Center</b> <b>Phone: 717-292-7471</b> <b>Mon-Fri-8am-3pm</b>	