### March 2020
#### Congregate Meal Menu

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 2</td>
<td>March 3</td>
<td>March 4</td>
<td>March 5</td>
<td>March 6</td>
</tr>
<tr>
<td>Bratwurst -1 piece</td>
<td>Meatloaf</td>
<td>Baked Ham with Fruit Sauce-1 oz sauce</td>
<td>Greek Chicken Salad</td>
<td>Tuna Salad Sandwich-1/2 cup with Lettuce &amp; Tomato</td>
</tr>
<tr>
<td>1/2 cup Scalloped Potatoes</td>
<td>1/2 cup Mashed Potatoes</td>
<td>1/2 cup Sweet Potatoes</td>
<td>(3 oz Diced Chicken, Black Olives, Red Onion, Tomato &amp; Mozzarella Cheese)</td>
<td>1/2 cup Potato Salad</td>
</tr>
<tr>
<td>1/2 cup Wax Beans</td>
<td>1/2 cup Mixed Vegetables</td>
<td>1/2 cup Green Beans</td>
<td>1 cup cup Mixed Greens with dressing</td>
<td>1/2 cup Marinated Beans</td>
</tr>
<tr>
<td>Hot Dog Roll</td>
<td>Wheat Bread</td>
<td>White Bread</td>
<td>1 cup Wedding Soup with crackers</td>
<td>2 slices Wheat Bread</td>
</tr>
<tr>
<td>Mustard Packet</td>
<td>Birthday Cake</td>
<td>Fresh Fruit</td>
<td>Dinner Roll</td>
<td>Fresh Fruit</td>
</tr>
<tr>
<td>1/2 cup Pears</td>
<td></td>
<td></td>
<td>1/2 cup Mandarin Oranges</td>
<td></td>
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</tbody>
</table>

| March 9         | March 10         | March 11           | March 12          | March 13       |
| March 16        | March 17         | March 18           | March 19          | March 20       |
| March 23        | March 24         | March 25           | March 26          | March 27       |
| March 30        | March 31         |                   |                   |                |
| March Birthdays | St Patrick's Day Special | Chicken Caesar Club-1 each | Baked Meatloaf Marinara-1 each | Vegetable Lasagna-1 piece |
|                 |                  | (w/lettuce, tomato, cheese & condiments) | 1/2 cup Au Gratin Potatoes | topped with Vegetable Cream Sauce |
|                 |                  | 1/2 cup Creamy Broccoli Soup with crackers | 1/2 cup Corn | 1 cup Tossed Salad with hard boiled egg, cucumber, & dressing |
|                 |                  | 1/2 cup Blushed Pears | 1/2 cup Sliced Pears | Breadstick |
|                 |                  |                    |                    | 1/2 cup Pineapple |

**March 2**
- Bratwurst -1 piece
- 1/2 cup Scalloped Potatoes
- 1/2 cup Wax Beans
- Hot Dog Roll
- Mustard Packet
- 1/2 cup Pears

**March 3**
- Meatloaf
- 1/2 cup Mashed Potatoes
- 1/2 cup Mixed Vegetables
- Wheat Bread

**March 4**
- Baked Ham with Fruit Sauce-1 oz sauce
- 1/2 cup Sweet Potatoes
- 1/2 cup Green Beans
- White Bread
- Fresh Fruit

**March 5**
- Greek Chicken Salad
- (3 oz Diced Chicken, Black Olives, Red Onion, Tomato & Mozzarella Cheese)
- 1 cup cup Mixed Greens with dressing
- 1 cup Wedding Soup with crackers
- Dinner Roll
- 1/2 cup Mandarin Oranges

**March 6**
- Tuna Salad Sandwich-1/2 cup with Lettuce & Tomato
- 1/2 cup Potato Salad
- 1/2 cup Marinated Beans
- 2 slices Wheat Bread
- Fresh Fruit

**March 9**
- BBQ Pulled Pork-1 cup
- 1/2 cup Seasoned Potatoes
- 1/2 cup Coleslaw
- White Bread
- 1/2 cup Warm Apples

**March 10**
- Baked Ziti 3/4 cup with Meatballs (3)
- Marinara Sauce with .5 oz Cheese Topping
- 1 cup Tossed Salad with cucumber and dressing
- Garlic Bread
- 1/2 cup Mixed Fruit Salad

**March 11**
- Chicken Caesar Club-1 each
- (w/lettuce, tomato, cheese & condiments)
- 1 cup Creamy Broccoli Soup with crackers
- Sandwich Roll
- 1/2 cup Blushed Pears

**March 12**
- Salisbury Steak with Onion Gravy-1 each
- 1/2 cup Whipped Potatoes
- 1/2 cup Diced Carrots
- Wheat Bread
- 1/2 cup Pineapple Delight

**March 13**
- Seafood Mac & Cheese - 1 cup
- 1/2 cup Stewed Tomatoes
- Whole Grain Dinner Roll
- Fresh Fruit

**March 16**
- Sweet & Sour Roasted Pork-1 slice
- 1/2 cup Blended Rice Pilaf
- 1/2 cup Peas & Carrots
- Whole Grain Dinner Roll
- 1/2 cup Mixed Fruit

**March 17**
- Corned Beef & Cabbage-3/4 cup
- 1/2c. Mashed Potatoes
- 1/2c. Green Beans
- Dinner Roll
- 1/2c. Pistachio Pudding

**March 18**
- Chicken & Biscuit-1 cup
- 1/2c. Pepper Slaw
- Whole Grain Buttermilk Biscuit
- 1/2c. Peaches

**March 19**
- Baked Meatloaf Marinara-1 each
- 1/2 cup Au Gratin Potatoes
- 1/2 cup Corn
- Wheat Bread
- 1/2 cup Sliced Pears

**March 20**
- Vegetable Lasagna-1 piece
- topped with Vegetable Cream Sauce
- 1 cup Tossed Salad with hard boiled egg, cucumber, & dressing
- Breadstick
- 1/2 cup Pineapple

**March 23**
- Lemon Pepper Chicken with Gravy-1 piece
- 1/2 cup Vegetable Rice Pilaf
- 1/2 cup Green Beans
- Wheat Bread
- Fresh Fruit

**March 24**
- Roasted Turkey -3 oz with Gravy- 2 oz
- 1/2 cup Sweet Potatoes
- 1/2c/ cup Lima Beans
- White Bread
- 1/2 Cup Sliced Apples

**March 25**
- Chicken Taco- 3oz Chicken with 1 oz Sour Cream & Lettuce
- 1/2 cup Seasoned Corn & Blackbeans
- 1/2 cup Seasoned Rice
- Soft Tortilla Shell
- Fresh Fruit

**March 26**
- Baked Porcupine Ball with Tomato Sauce
- 1/2 cup Garlic Whipped Potatoes
- 1/2 cup Carrots
- Dinner Roll
- 1/2 cup Chocolate Pudding

**March 27**
- Breaded Fish Sandwich with Cheese & Lettuce
- 1c. Homemade Vegetable Soup w/crackers
- WG Sandwich Roll
- 1/2c. Mixed Fruit

**March 30**
- Pot Roast- 3 oz with 1 oz Gravy
- 1/2c. Parsley Potatoes
- 1/2c. Sliced Carrots
- Italian Bread
- Cookie

**March 31**
- Swedish Meatballs (4) over Noodles
- 1/2c. Peas
- Wheat Bread
- 1/2c. Mixed Fruit Salad

***All meals are subject to change***

***Served daily: 8 ounces Milk and 1 tablespoon Margarine***