Our Staff ...
Executive Director  Emma Crossley
Assistant Director  Stacy Hieber
Administrative  Stacy Lepley
Meals on Wheels Director  Jan Fry
Kitchen Coordinator  Pam Strausbaugh
Program Assistant

Center Closed:
Monday January 17th

Change to Lunch Pick-Up Protocol

Beginning January 3, 2022, we invite all members to join us at the senior center for congregate lunches or to pick up a “To-Go” lunch from inside the center (Mondays, Tuesdays and Wednesdays). Dining at the center begins at 11:30am. Please indicate when you turn in your lunch sign-up sheets whether you plan on eating inside or if you will be coming into the center to pick up a “To-Go” meal for each day, the time will be the same for “To-Go” lunch pick-ups: 10:30am – 11:30am. The lunches will still include 2 frozen trays on Wednesdays. Orange cones will be placed at parking spots close to the front door for those coming inside to pick up the To-Go meals. Please reserve your lunch order 2 days in advance, and circle which lunch you will be enjoying (Eating at the Center or To-Go). If you need to send a family member or friend to pick up, let us know so we can make sure you do receive your meal. Thank you to our kitchen volunteers who continue to help pack up and hand out the lunches, we appreciate your hard work!

Home Delivered meals continue to be delivered to consumers on Mondays. We thank our wonderful volunteers who faithfully deliver the 7 frozen meals to cover the week.

January Newsletter Sponsor:
Mary Stephens

This newsletter is in honor of the staff and kitchen volunteers:
Emma, Stacy H., Jan, Pam, Stacy L.,
Chris, Ellen, Barry, Pete, Joe and Melvin

Congratulations to our “Lucky 13” participants. Our monthly reimbursement from YCAA is based on the number of meals served each month, so eating lunch with us is the #1 way you can support your senior center. November Winners: Jed Looker, Charles Plath, Marshall Williams and Cindy Whitney
Member Donations
Thank you for your contributions to the senior center: Joyce Bowers, Chris & Willie Coleman, Hazel Hamme, Joy Inch, Edward & Janice Kessler, George Kessler, Bob & Marty Kottmyer, Deborah Spinelli, Dolly Sutton, and Robert Wolf Jr.,

Monetary Donations
Thank you very much for your contributions to the senior center: Dolly Sutton, and anonymous donors.

Welcome New Members
Gail Crow, Jeane Kerr, Deborah Spinelli, and William Wagner Jr.

Thank you Country Meadows for the delicious cookies you provided on December 29th.

January Birthdays

1/1- Carol Evans and Dennis Williams
1/3- Kenneth Crone, Kathy Erdman, Albina Malotte & Barry Wakeman
1/4- Jane Stabley
1/5- Mary Fetrow and Brenda Garver
1/6- Shirley Williams
1/7- Dorothy Rubritz
1/8- George Livingston and Verna Peterson
1/9- Barry Gohn and Cindy Landis
1/10- Sandy Schenandore
1/11- Flossie Deardorff and Irene Wilt
1/12- Mary Wagner
1/14- Judy Dietz and Charlotte Snyder
1/15- Franklin Dapp, William Kleman and Elizabeth Williams
1/16- Crystal Acosta, Joyce Mummert and Marshall Williams

1/18- Judy Lehigh and Jed Looker
1/19- Norma Diehl, Lorraine Notchey, Murina Stough and Barry Whitney
1/20- Theola Berger
1/21- Daniel Eno
1/22- Judy Hoffman
1/24- Eloise Newsome and Edward Shaffer
1/25- Gertraude Barton, Lorraine Johnson, Helen Stover, and Yvonne Trimmer
1/26- Trudy Parthree
1/28- Donald Diehl, Mary Hoffman, Marilyn Klersy, Brenda Lamparter and Carol Pope
1/29- Bonnie Trott
1/30- Dolly Shaffer
1/31- Bob Littlehales and Larry Pope
Get Well Wishes to…
By & Elaine Baylis, Jean Brewster, Gloria Gerber, Roland Goldler, Norma Harbold, Rita Hartlaub, Marilyn Klersy, Millie Lorenzo, Dolly Shaffer, Darlene Shearer, Art Shoemaker, Donna Shue, Anna Soyke, Kathy Tolbert, Steph Wolfe, and Jean Zerbe.

We Extend Our Sympathy:
To the friends and family of Donna Richard who passed away on December 8, 2021.
To the family and friends of Susan Herr who passed away on December 11, 2021.

Items Needed for the Senior Center
- 1 inch Painter’s tape (for pickle ball), Color copy paper (blue, yellow, green, orange), sanitizing wipes, and postage stamps.

Thank you for Your Donations!

A Special Note for Those Donating to the Building Fund
We are continuing to raise money for the new building. Your contributions are greatly appreciated. Those who wish to be on the plaque at the new building, can give installments of ANY denomination that add up to $1000 to have your name or an honor or memorial on a plaque (up until the time that the building is finished being built).

Building Fund Donators
Sandy Anderson, Mabelle Horick & Deborah Myers, Charlene Kahlenberg, Shiloh American Legion Post 791, Robert & Rosemary Sieffert, Charlotte Snyder
Joyce Bowers in honor of Del/ Joyce Bowers and Family.
Bonnie Phillips & Robert Danner Jr. in honor of Robert E. Danner and Marie J. Danner.

Military Share Food Distribution Program
The Shiloh American Legion Post #791 – is located at 149 Poplars Rd. York, PA 17408. All active duty service members, veterans and their families are eligible. Must pre-register and provide proof of military service such as a DD-214, Military ID, or VA Medical Card. Please call the coordinator, Donna Monfelt at 717-979-7203.

Shiloh Lions Club Needs Donations
They are looking for donations of Wheelchairs, Transport Wheelchairs, Four Wheel Walkers with Seats, and Two Wheel Walkers with Ski Slides & Knee Walkers. If you have any in working condition to donate, please call Keith Krout at 717-764-9791. Thank you!
Based on the true story of a forgotten hero, *Beneath a Scarlet Sky* is the triumphant, epic tale of one young man’s incredible courage and resilience during one of history’s darkest hours.

Pino Lella wants nothing to do with the war or the Nazis. He’s a normal Italian teenager—obsessed with music, food, and girls—but his days of innocence are numbered. When his family home in Milan is destroyed by Allied bombs, Pino joins an underground railroad helping Jews escape over the Alps, and falls for Anna, a beautiful widow six years his senior.

In an attempt to protect him, Pino’s parents force him to enlist as a German soldier—a move they think will keep him out of combat. But after Pino is injured, he is recruited at the tender age of eighteen to become the personal driver for Adolf Hitler’s left hand in Italy, General Hans Leyers, one of the Third Reich’s most mysterious and powerful commanders.

Now, with the opportunity to spy for the Allies inside the German High Command, Pino endures the horrors of the war and the Nazi occupation by fighting in secret, his courage bolstered by his love for Anna and for the life he dreams they will one day share.
**Pickle Ball**

Pickle ball is held in the community room on Wednesdays from 12:30pm-2:30pm. Registered members are welcome to come play. Please sign in when you come into the senior center at the front desk when you arrive.

**Exercise Classes**

Classes with Vickie will be held every Tuesday from 9:00am-10:00am in the Community Room. Registered members enter through the senior center and sign in at the receptionist desk before class begins.

**New Exercise Program!**

Chair Yoga will begin on Tuesday January 11, 2022 at 10:15am. This class will be offered to members every Tuesday at this time with Yoga instructor Becky Tibbits in the community room. Please enter through the senior center and sign in at the receptionist desk before class begins.

**BINGO**

When: Thursday January 6th  
Time: 9:00am-12:00pm.  
Cost: $10 for 40 games

There is a 35 member limit. Pre-register to reserve your spot by calling the senior center at 717-229-7471. If you are not able to play Bingo after you are registered please call to cancel so someone else has the opportunity to play.

*Sponsorship space is available in the newsletter to advertise your business. Inquiries please call: 717-292-7471.*

*Reminder*

The Heritage Senior Center is not involved with the AARP income tax preparation.
Thank you Pam Strausbaugh for decorating the senior center making it festive for Christmas! The lasagna you made for the party was delicious.

We appreciate the donations from all of the members who gave hats and gloves. Our giving tree was overflowing this year! All of the donations were given to New Hope Ministries in Dover to distribute to area individuals in need so they can stay warm this winter. Thank you so much for your generosity!

Thank you to the Dover Girl Scouts for donating the yummy candy and trail mix for the holiday party door prizes.

We want to thank Anna Whitted for taking the time to go to area businesses to ask for donations for the door prizes. You are wonderful!

Thank you to Walgreens and Weis Markets in Dover who donated door prizes.

Janet Keller made the beautiful favors for everyone, thank you so much!

Thank you to the board members, Sandy Anderson, Sandy Bamberger, Joyce Bowers, and Fran Bodnar for helping with the party!

Thank you so much to everyone who volunteered in the kitchen and with serving and cleaning up. We couldn’t have done it without you!
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>8:30am-Morning Chat</td>
<td>8:30am-Morning Chat</td>
<td>9am Bingo-Pre- register, 35 member limit</td>
<td></td>
</tr>
<tr>
<td>10am-11 Wii Bowling</td>
<td>9am-1:30pm Cards</td>
<td>9am-1:30pm Cards</td>
<td>10:30-11:30am To-Go</td>
<td></td>
</tr>
<tr>
<td>10:30-11:30am To-Go</td>
<td>9am-10 Exercise with Vickie</td>
<td>10:30-11:30am To-Go</td>
<td>lunch pick up from center</td>
<td></td>
</tr>
<tr>
<td>lunch pick up from center</td>
<td>11:30am Congregate lunch</td>
<td>lunch pick up from center</td>
<td>11:30am Congregate lunch</td>
<td></td>
</tr>
<tr>
<td>12:30pm Word Finds/puzzles</td>
<td></td>
<td>12:30am Congregate lunch</td>
<td>12:30pm-2:30 Pickle Ball in the Community Room</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>9am-1:30pm Cards</td>
<td>9am-1:30pm Cards</td>
<td>10:30-11:30am To-Go</td>
<td></td>
</tr>
<tr>
<td>10am-11 Wii Bowling</td>
<td>9am-10 Exercise with Vickie</td>
<td>10:30-11:30am To-Go</td>
<td>lunch pick up from center</td>
<td></td>
</tr>
<tr>
<td>10:30-11:30am To-Go</td>
<td>lunch pick up from center</td>
<td>lunch pick up from center</td>
<td>11:30am Congregate lunch</td>
<td></td>
</tr>
<tr>
<td>lunch pick up from center</td>
<td>11:30am Congregate lunch</td>
<td>11:30am Congregate lunch</td>
<td>12:30pm-2:30 Pickle Ball in the Community Room</td>
<td></td>
</tr>
<tr>
<td>12:30pm Word Finds/puzzles</td>
<td></td>
<td>12:30pm Word Finds/puzzles</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>9am-1:30pm Cards</td>
<td>8:30am-Morning Chat</td>
<td>9am Bingo-Prize Bingo with Barb Goll</td>
<td></td>
</tr>
<tr>
<td>Holiday</td>
<td>9am-10 Exercise with Vickie</td>
<td>9am-1:30pm Cards</td>
<td>10:30-11:30am To-Go</td>
<td></td>
</tr>
<tr>
<td>Center Closed</td>
<td>lunch pick up from center</td>
<td>10:30-11:30am To-Go</td>
<td>lunch pick up from center</td>
<td></td>
</tr>
<tr>
<td></td>
<td>11:30am Congregate lunch</td>
<td>lunch pick up from center</td>
<td>11:30am Congregate lunch</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12:30pm Word Finds/puzzles</td>
<td>12:30am Congregate lunch</td>
<td>12:30pm-2:30 Pickle Ball in the Community Room</td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>9am-1:30pm Cards</td>
<td>8:30am-Morning Chat</td>
<td>9am Bingo-Pre- register, 35 member limit</td>
<td></td>
</tr>
<tr>
<td>8:30am-Morning Chat</td>
<td>9am-10 Exercise with Vickie</td>
<td>9am-1:30pm Cards</td>
<td>10:30-11:30am To-Go</td>
<td></td>
</tr>
<tr>
<td>9am-1:30pm Cards</td>
<td>lunch pick up from center</td>
<td>10:30-11:30am To-Go</td>
<td>lunch pick up from center</td>
<td></td>
</tr>
<tr>
<td>10am-11 Wii Bowling</td>
<td>lunch pick up from center</td>
<td>lunch pick up from center</td>
<td>11:30am Congregate lunch</td>
<td></td>
</tr>
<tr>
<td>10:30-11:30am To-Go</td>
<td>11:30am Congregate lunch</td>
<td>11:30am Congregate lunch</td>
<td>12:30pm-2:30 Pickle Ball in the Community Room</td>
<td></td>
</tr>
<tr>
<td>12:30pm Word Finds/puzzles</td>
<td></td>
<td>12:30pm Word Finds/puzzles</td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td>8:30am-Morning Chat</td>
<td>8:30am-Morning Chat</td>
<td>9am Bingo-Pre- register, 35 member limit</td>
<td></td>
</tr>
<tr>
<td>8:30am-Morning Chat</td>
<td>9am-10 Exercise with Vickie</td>
<td>9am-1:30pm Cards</td>
<td>10:30-11:30am To-Go</td>
<td></td>
</tr>
<tr>
<td>9am-1:30pm Cards</td>
<td>lunch pick up from center</td>
<td>10:30-11:30am To-Go</td>
<td>lunch pick up from center</td>
<td></td>
</tr>
<tr>
<td>10am-11 Wii Bowling</td>
<td>lunch pick up from center</td>
<td>lunch pick up from center</td>
<td>11:30am Congregate lunch</td>
<td></td>
</tr>
<tr>
<td>10:30-11:30am To-Go</td>
<td>11:30am Congregate lunch</td>
<td>11:30am Congregate lunch</td>
<td>12:30pm-2:30 Pickle Ball in the Community Room</td>
<td></td>
</tr>
<tr>
<td>12:30pm Word Finds/puzzles</td>
<td></td>
<td>12:30pm Word Finds/puzzles</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Schedule subject to change.